



LOS 2023-04

provinciaal domein 20.5.2023

Omega

Philippe CLAPUYT

ASUB

Course : H:01

Distance : 4660m

Time : 0:52:04 (11'10"/km)

36/53

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Mats DE SMUL | 0:30:40 |
| 2. Frederik LOECKX | 0:30:46 |
| 3. Marcin GACZYNSKI | 0:32:23 |

1.	53	00:00:36		83m	7'14"/km
2.	60	00:00:49	00:01:25	101m	8'05"/km
3.	54	00:00:48	00:02:13	82m	9'45"/km
4.	32	00:00:30	00:02:43	44m	11'22"/km
5.	33	00:01:16	00:03:59	109m	11'37"/km
6.	35	00:01:48	00:05:47	188m	9'34"/km
7.	36	00:00:47	00:06:34	75m	10'27"/km
8.	40	00:03:59	00:10:33	180m	22'08"/km
9.	37	00:01:06	00:11:39	108m	10'11"/km
10.	38	00:00:46	00:12:25	73m	10'30"/km
11.	55	00:01:55	00:14:20	263m	7'17"/km
12.	41	00:01:28	00:15:48	146m	10'03"/km
13.	42	00:03:01	00:18:49	210m	14'22"/km
14.	52	00:02:46	00:21:35	220m	12'35"/km
15.	45	00:04:39	00:26:14	297m	15'39"/km
16.	50	00:02:01	00:28:15	107m	18'51"/km
17.	47	00:01:18	00:29:33	100m	13'00"/km
18.	46	00:01:02	00:30:35	101m	10'14"/km
19.	58	00:00:50	00:31:25	83m	10'02"/km
20.	59	00:01:31	00:32:56	195m	7'47"/km
21.	43	00:01:50	00:34:46	99m	18'31"/km
22.	48	00:02:12	00:36:58	236m	9'19"/km
23.	49	00:00:45	00:37:43	47m	15'57"/km
24.	56	00:02:29	00:40:12	192m	12'56"/km
25.	57	00:01:06	00:41:18	61m	18'02"/km
26.	31	00:02:56	00:44:14	413m	7'06"/km
27.	44	00:02:16	00:46:30	208m	10'54"/km
28.	39	00:01:20	00:47:50	199m	6'42"/km
29.	34	00:02:26	00:50:16	274m	8'53"/km
30.	51	00:00:55	00:51:11	127m	7'13"/km
31.	999	00:00:53	00:52:04	34m	25'59"/km