



LOS 2023-04

provinciaal domein 20.5.2023

Omega

Johan CLAES

Borasca

Course : H:01

Distance : 4660m

Time : 1:05:11 (13'59"/km)

46/53

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Mats DE SMUL | 0:30:40 |
| 2. Frederik LOECKX | 0:30:46 |
| 3. Marcin GACZYNSKI | 0:32:23 |

1.	53	00:00:32		83m	6'26"/km
2.	60	00:01:10	00:01:42	101m	11'33"/km
3.	54	00:01:47	00:03:29	82m	21'45"/km
4.	32	00:01:17	00:04:46	44m	29'10"/km
5.	33	00:01:31	00:06:17	109m	13'55"/km
6.	35	00:02:21	00:08:38	188m	12'30"/km
7.	36	00:00:57	00:09:35	75m	12'40"/km
8.	40	00:03:04	00:12:39	180m	17'02"/km
9.	37	00:01:48	00:14:27	108m	16'40"/km
10.	38	00:01:01	00:15:28	73m	13'56"/km
11.	55	00:02:44	00:18:12	263m	10'24"/km
12.	41	00:02:38	00:20:50	146m	18'02"/km
13.	42	00:02:47	00:23:37	210m	13'15"/km
14.	52	00:02:49	00:26:26	220m	12'48"/km
15.	45	00:05:24	00:31:50	297m	18'11"/km
16.	50	00:01:44	00:33:34	107m	16'12"/km
17.	47	00:01:05	00:34:39	100m	10'50"/km
18.	46	00:01:19	00:35:58	101m	13'02"/km
19.	58	00:01:00	00:36:58	83m	12'03"/km
20.	59	00:02:12	00:39:10	195m	11'17"/km
21.	43	00:02:25	00:41:35	99m	24'25"/km
22.	49	00:02:52	00:44:27		
23.	48	00:02:12	00:46:39	47m	46'49"/km
24.	49	00:00:35	00:47:14	47m	12'25"/km
25.	56	00:02:39	00:49:53	192m	13'48"/km
26.	57	00:01:07	00:51:00	61m	18'18"/km
27.	31	00:04:48	00:55:48	413m	11'37"/km
28.	44	00:02:33	00:58:21	208m	12'16"/km
29.	39	00:01:57	01:00:18	199m	9'48"/km
30.	34	00:03:09	01:03:27	274m	11'30"/km
31.	51	00:01:18	01:04:45	127m	10'14"/km
32.	999	00:00:26	01:05:11	34m	12'45"/km