



City - O cup 2 - 2023
Bree - Beek 21.5.2023
K.O.L.

Kris VERDUYCKT

Omega

Omloop : H:02

Afstand : 4870m

Tijd : 0:38:09 (7'50"/km)

5/21

O.K.

[Volledige uitslagen op Webres](#)

1. Kim JANSEN	0:34:13
2. Roel SMOLDERS	0:35:36
3. Dirk GOOSSENS	0:35:55

1.	158	00:02:26		444m	5'29"/km
2.	174	00:03:07	00:05:33	489m	6'22"/km
3.	171	00:01:05	00:06:38	128m	8'28"/km
4.	229	00:00:06	00:06:44	32m	3'08"/km
5.	231	00:00:21	00:07:05	43m	8'08"/km
6.	201	00:00:53	00:07:58	108m	8'11"/km
7.	166	00:01:21	00:09:19	207m	6'31"/km
8.	165	00:00:33	00:09:52	104m	5'17"/km
9.	227	00:00:17	00:10:09	52m	5'27"/km
10.	225	00:00:37	00:10:46	103m	5'59"/km
11.	194	00:04:15	00:15:01	535m	7'57"/km
12.	184	00:04:22	00:19:23	263m	16'36"/km
13.	206	00:01:04	00:20:27	161m	6'38"/km
14.	200	00:01:22	00:21:49	176m	7'46"/km
15.	214	00:00:30	00:22:19	87m	5'45"/km
16.	216	00:01:58	00:24:17	275m	7'09"/km
17.	178	00:00:58	00:25:15	97m	9'58"/km
18.	179	00:00:50	00:26:05	82m	10'10"/km
19.	189	00:01:26	00:27:31	119m	12'03"/km
20.	176	00:01:07	00:28:38	153m	7'18"/km
21.	181	00:01:08	00:29:46	159m	7'08"/km
22.	183	00:00:56	00:30:42	144m	6'29"/km
23.	211	00:01:35	00:32:17	261m	6'04"/km
24.	220	00:01:00	00:33:17	82m	12'12"/km
25.	185	00:00:29	00:33:46	74m	6'32"/km
26.	222	00:00:43	00:34:29	150m	4'47"/km
27.	221	00:00:41	00:35:10		
28.	213	00:00:29	00:35:39	95m	5'05"/km
29.	224	00:00:51	00:36:30	77m	11'02"/km
30.	191	00:00:50	00:37:20	83m	10'02"/km
31.	999	00:00:49	00:38:09	104m	7'51"/km