



City - O cup 2 - 2023
Bree - Beek 21.5.2023
K.O.L.

Frank AERDEN

K.O.L.

Omloop : H:03

Afstand : 4520m

Tijd : 0:48:22 (10'42"/km)

15/22

O.K.

[Volledige uitslagen op Webres](#)

1. Bob DE CLEENE	0:28:47
2. Thomas JANSEN	0:29:34
3. Noël NIJSTEN	0:32:37

1.	160	00:03:33		455m	7'48"/km
2.	167	00:04:06	00:07:39	261m	15'43"/km
3.	169	00:01:15	00:08:54	158m	7'55"/km
4.	173	00:01:34	00:10:28	95m	16'29"/km
5.	192	00:02:17	00:12:45	203m	11'15"/km
6.	172	00:00:25	00:13:10	46m	9'03"/km
7.	201	00:01:22	00:14:32	160m	8'32"/km
8.	204	00:00:32	00:15:04	50m	10'40"/km
9.	165	00:01:17	00:16:21	144m	8'55"/km
10.	166	00:00:45	00:17:06	104m	7'13"/km
11.	174	00:02:47	00:19:53	167m	16'40"/km
12.	229	00:01:19	00:21:12	130m	10'08"/km
13.	178	00:07:09	00:28:21	677m	10'34"/km
14.	216	00:01:09	00:29:30	97m	11'51"/km
15.	176	00:01:43	00:31:13	164m	10'28"/km
16.	175	00:01:57	00:33:10	111m	17'34"/km
17.	200	00:01:15	00:34:25	133m	9'24"/km
18.	182	00:01:04	00:35:29	90m	11'51"/km
19.	206	00:00:51	00:36:20	129m	6'35"/km
20.	208	00:00:39	00:36:59	52m	12'30"/km
21.	211	00:02:15	00:39:14	214m	10'31"/km
22.	185	00:01:21	00:40:35	147m	9'11"/km
23.	190	00:01:24	00:41:59	178m	7'52"/km
24.	221	00:01:35	00:43:34	75m	21'07"/km
25.	212	00:01:24	00:44:58	149m	9'24"/km
26.	191	00:01:34	00:46:32	150m	10'27"/km
27.	197	00:01:11	00:47:43	78m	15'10"/km
28.	999	00:00:39	00:48:22	69m	9'25"/km

Orienteering Software