

AOS #6 Groenenborger

Antwerpen 1.6.2023

Antwerp Orienteers

Rudy ROOMAN

Antwerp Orienteers

Omloop : H:Lang

Afstand : 5000m

Tijd : 0:29:32 (5'54"/km)

7/28

O.K.

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- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:21:25 |
| 2. Warre DE CUYPER | 0:23:32 |
| 3. Wouter HUS | 0:24:31 |

1.	31	00:01:51	312m	5'56"/km
2.	32	00:01:46 00:03:37	118m	14'58"/km
3.	48	00:01:05 00:04:42	190m	5'42"/km
4.	49	00:00:41 00:05:23	98m	6'58"/km
5.	57	00:00:44 00:06:07	73m	10'03"/km
6.	34	00:00:43 00:06:50	102m	7'02"/km
7.	33	00:01:43 00:08:33	144m	11'55"/km
8.	53	00:00:17 00:08:50	47m	6'02"/km
9.	35	00:00:54 00:09:44	168m	5'21"/km
10.	36	00:00:37 00:10:21	37m	16'40"/km
11.	37	00:00:32 00:10:53	94m	5'40"/km
12.	40	00:03:17 00:14:10	442m	7'26"/km
13.	41	00:00:28 00:14:38	85m	5'29"/km
14.	38	00:00:42 00:15:20	84m	8'20"/km
15.	39	00:00:31 00:15:51	79m	6'32"/km
16.	42	00:00:23 00:16:14	67m	5'43"/km
17.	43	00:01:48 00:18:02	251m	7'10"/km
18.	44	00:00:45 00:18:47	135m	5'33"/km
19.	45	00:00:38 00:19:25	78m	8'07"/km
20.	46	00:01:13 00:20:38	104m	11'42"/km
21.	47	00:01:16 00:21:54	157m	8'04"/km
22.	50	00:00:56 00:22:50	96m	9'43"/km
23.	51	00:00:42 00:23:32	44m	15'55"/km
24.	52	00:02:58 00:26:30	507m	5'51"/km
25.	54	00:01:08 00:27:38	182m	6'14"/km
26.	55	00:00:46 00:28:24	124m	6'11"/km
27.	56	00:00:51 00:29:15	169m	5'02"/km
28.	999	00:00:17 00:29:32	54m	5'15"/km

Orienteering Software