



LOS 2023-05 Toverberg - LOS 2023-05

Egenhoven 3.6.2023

Omega

Frederik LOECKX

Omega

Course : H:01

Distance : 5210m

Time : 0:39:25 (7'34"/km)

4/44

O.K.

[Full result on Webres](#)

1. Mats DE SMUL	0:34:47
2. Willem BAKELANTS	0:36:30
3. Yannick MICHIELS	0:37:20

1.	39	00:02:06		335m	6'16"/km
2.	44	00:00:58	00:03:04	136m	7'06"/km
3.	49	00:01:13	00:04:17	102m	11'56"/km
4.	53	00:00:57	00:05:14	159m	5'58"/km
5.	57	00:01:13	00:06:27	105m	11'35"/km
6.	59	00:01:19	00:07:46	202m	6'31"/km
7.	61	00:03:25	00:11:11	189m	18'05"/km
8.	65	00:01:03	00:12:14	184m	5'42"/km
9.	63	00:00:51	00:13:05	77m	11'02"/km
10.	54	00:01:03	00:14:08	184m	5'42"/km
11.	50	00:00:43	00:14:51	104m	6'53"/km
12.	51	00:00:21	00:15:12	50m	7'00"/km
13.	45	00:00:37	00:15:49	64m	9'38"/km
14.	47	00:00:59	00:16:48	100m	9'50"/km
15.	41	00:01:17	00:18:05	248m	5'10"/km
16.	36	00:01:19	00:19:24	135m	9'45"/km
17.	31	00:00:35	00:19:59	120m	4'52"/km
18.	32	00:01:02	00:21:01	144m	7'11"/km
19.	49	00:00:45	00:21:46	84m	8'56"/km
20.	43	00:01:22	00:23:08	127m	10'46"/km
21.	42	00:00:15	00:23:23	38m	6'35"/km
22.	38	00:00:17	00:23:40	33m	8'35"/km
23.	36	00:00:17	00:23:57	53m	5'21"/km
24.	40	00:01:13	00:25:10	92m	13'13"/km
25.	46	00:01:34	00:26:44	256m	6'07"/km
26.	56	00:01:57	00:28:41	340m	5'44"/km
27.	52	00:00:36	00:29:17	91m	6'36"/km
28.	55	00:00:36	00:29:53	78m	7'42"/km
29.	58	00:01:32	00:31:25	238m	6'27"/km
30.	64	00:00:54	00:32:19	84m	10'43"/km
31.	62	00:01:07	00:33:26	132m	8'28"/km
32.	60	00:00:31	00:33:57	56m	9'14"/km
33.	45	00:02:58	00:36:55	382m	7'46"/km
34.	44	00:00:31	00:37:26	100m	5'10"/km
35.	33	00:00:57	00:38:23	146m	6'30"/km
36.	999	00:01:02	00:39:25	243m	4'15"/km