



LOS 2023-05 Toverberg - LOS 2023-05

Egenhoven 3.6.2023

Omega

Etienne DE WIT

K.O.L.

Course : H:01

Distance : 5210m

Time : 0:53:13 (10'13"/km)

18/44

O.K.

[Full result on Webres](#)

1. Mats DE SMUL	0:34:47
2. Willem BAKELANTS	0:36:30
3. Yannick MICHIELS	0:37:20

1.	39	00:02:54		335m	8'39"/km
2.	44	00:01:04	00:03:58	136m	7'51"/km
3.	49	00:01:32	00:05:30	102m	15'02"/km
4.	53	00:01:25	00:06:55	159m	8'55"/km
5.	57	00:01:42	00:08:37	105m	16'11"/km
6.	59	00:01:41	00:10:18	202m	8'20"/km
7.	61	00:01:31	00:11:49	189m	8'01"/km
8.	65	00:01:29	00:13:18	184m	8'04"/km
9.	63	00:01:12	00:14:30	77m	15'35"/km
10.	54	00:01:42	00:16:12	184m	9'14"/km
11.	50	00:01:00	00:17:12	104m	9'37"/km
12.	51	00:00:32	00:17:44	50m	10'40"/km
13.	45	00:00:48	00:18:32	64m	12'30"/km
14.	47	00:01:38	00:20:10	100m	16'20"/km
15.	41	00:01:39	00:21:49	248m	6'39"/km
16.	36	00:01:17	00:23:06	135m	9'30"/km
17.	31	00:01:00	00:24:06	120m	8'20"/km
18.	32	00:01:28	00:25:34	144m	10'11"/km
19.	49	00:01:07	00:26:41	84m	13'18"/km
20.	43	00:01:43	00:28:24	127m	13'31"/km
21.	42	00:00:19	00:28:43	38m	8'20"/km
22.	38	00:00:23	00:29:06	33m	11'37"/km
23.	36	00:01:18	00:30:24	53m	24'32"/km
24.	40	00:01:34	00:31:58	92m	17'02"/km
25.	46	00:02:28	00:34:26	256m	9'38"/km
26.	56	00:03:37	00:38:03	340m	10'38"/km
27.	52	00:00:51	00:38:54	91m	9'20"/km
28.	55	00:00:52	00:39:46	78m	11'07"/km
29.	58	00:02:29	00:42:15	238m	10'26"/km
30.	64	00:00:50	00:43:05	84m	9'55"/km
31.	62	00:01:42	00:44:47	132m	12'53"/km
32.	60	00:00:31	00:45:18	56m	9'14"/km
33.	45	00:04:37	00:49:55	382m	12'05"/km
34.	44	00:00:46	00:50:41	100m	7'40"/km
35.	33	00:01:11	00:51:52	146m	8'06"/km
36.	999	00:01:21	00:53:13	243m	5'33"/km