



**Regionale Westerlo**  
**WESTERLO 25.6.2023**  
**K.O.L.**

**Jef VANHOUT**

K.O.L.

Omloop : H:03

Afstand : 2310m

Tijd : 0:44:18 (19'11"/km)

**23/24**

O.K.

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- |                    |         |
|--------------------|---------|
| 1. Rune SELS       | 0:17:27 |
| 2. Torben AERDEN   | 0:19:32 |
| 3. Fernand PAUWELS | 0:22:20 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 152 | 00:02:01 |          | 108m | 18'40"/km |
| 2.  | 160 | 00:01:12 | 00:03:13 | 79m  | 15'11"/km |
| 3.  | 174 | 00:05:54 | 00:09:07 | 110m | 53'38"/km |
| 4.  | 187 | 00:00:46 | 00:09:53 | 47m  | 16'19"/km |
| 5.  | 188 | 00:03:05 | 00:12:58 | 196m | 15'44"/km |
| 6.  | 162 | 00:01:01 | 00:13:59 | 76m  | 13'23"/km |
| 7.  | 165 | 00:03:19 | 00:17:18 | 86m  | 38'34"/km |
| 8.  | 167 | 00:03:20 | 00:20:38 | 166m | 20'05"/km |
| 9.  | 168 | 00:01:32 | 00:22:10 | 103m | 14'53"/km |
| 10. | 173 | 00:04:01 | 00:26:11 | 278m | 14'27"/km |
| 11. | 169 | 00:00:45 | 00:26:56 | 47m  | 15'57"/km |
| 12. | 170 | 00:01:46 | 00:28:42 | 82m  | 21'33"/km |
| 13. | 184 | 00:01:48 | 00:30:30 | 122m | 14'45"/km |
| 14. | 164 | 00:03:30 | 00:34:00 | 234m | 14'57"/km |
| 15. | 163 | 00:00:39 | 00:34:39 | 37m  | 17'34"/km |
| 16. | 154 | 00:06:29 | 00:41:08 | 296m | 21'54"/km |
| 17. | 155 | 00:00:36 | 00:41:44 | 48m  | 12'30"/km |
| 18. | 200 | 00:01:52 | 00:43:36 | 144m | 12'58"/km |
| 19. | 999 | 00:00:42 | 00:44:18 | 53m  | 13'12"/km |

Orienteering Software