



Training Am Schieferstollen

Hinter den Sandgruben, Recht 16.7.2023

O.L.G. St. Vith ARDOC

Serge BAERT

O.L.V. Eifel

Strecke : H:Bahn A

Länge : 6000m

Zeit : 1:22:46 (13'48"/km)

5/7

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Guido LENGES	1:00:28
2. Thomas BREDO	1:09:11
3. Stéphan SCHWALL	1:09:48

1.	227	00:11:54		281m	42'21"/km
2.	246	00:06:43	00:18:37	113m	59'26"/km
3.	232	00:03:09	00:21:46	212m	14'52"/km
4.	229	00:02:47	00:24:33	382m	7'17"/km
5.	231	00:03:01	00:27:34	223m	13'32"/km
6.	230	00:05:08	00:32:42	162m	31'41"/km
7.	245	00:07:35	00:40:17	176m	43'05"/km
8.	229	00:02:22	00:42:39	270m	8'46"/km
9.	233	00:04:23	00:47:02	476m	9'13"/km
10.	240	00:02:14	00:49:16	119m	18'46"/km
11.	234	00:02:16	00:51:32	76m	29'49"/km
12.	241	00:05:12	00:56:44	591m	8'48"/km
13.	237	00:05:06	01:01:50	564m	9'03"/km
14.	247	00:03:58	01:05:48	520m	7'38"/km
15.	249	00:02:44	01:08:32	190m	14'23"/km
16.	244	00:05:57	01:14:29		
17.	242	00:01:44	01:16:13	144m	12'02"/km
18.	239	00:00:59	01:17:12	98m	10'02"/km
19.	236	00:02:41	01:19:53	239m	11'14"/km
20.	224	00:01:50	01:21:43	256m	7'10"/km
21.	120	00:01:03	01:22:46	226m	4'39"/km

Orienteering Software