



4 days of Limburg - Day 2

Galgenberg 13.8.2023

Omega

Ellen MOLS

hamok

Omloop : W40

Afstand : 5450m

Tijd : 1:00:50 (11'10"/km)

4/14

O.K.

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- | | |
|---------------------|---------|
| 1. Lieke VAN OPSTAL | 0:51:45 |
| 2. Kateřina NOVOTNÁ | 0:51:46 |
| 3. Marieke ADDIERS | 0:57:09 |

1.	121	00:04:33		387m	11'45"/km
2.	178	00:05:59	00:10:32	549m	10'54"/km
3.	177	00:01:48	00:12:20	176m	10'14"/km
4.	187	00:03:10	00:15:30	304m	10'25"/km
5.	137	00:04:59	00:20:29	333m	14'58"/km
6.	134	00:01:07	00:21:36	113m	9'53"/km
7.	135	00:00:42	00:22:18	64m	10'56"/km
8.	139	00:04:11	00:26:29	399m	10'29"/km
9.	145	00:06:57	00:33:26		
10.	146	00:04:05	00:37:31		
11.	144	00:01:05	00:38:36	115m	9'25"/km
12.	142	00:01:02	00:39:38	138m	7'29"/km
13.	168	00:03:01	00:42:39	271m	11'08"/km
14.	170	00:02:27	00:45:06	219m	11'11"/km
15.	172	00:01:21	00:46:27	160m	8'26"/km
16.	173	00:02:10	00:48:37	241m	8'59"/km
17.	130	00:02:01	00:50:38	233m	8'39"/km
18.	181	00:03:21	00:53:59	409m	8'11"/km
19.	182	00:01:05	00:55:04	103m	10'31"/km
20.	115	00:03:12	00:58:16	425m	7'32"/km
21.	189	00:01:07	00:59:23	133m	8'24"/km
22.	111	00:00:43	01:00:06	73m	9'49"/km
23.	999	00:00:44	01:00:50	115m	6'23"/km

Orienteering Software