



## 4 days of Limburg - Day 2

Galgenberg 13.8.2023

Omega

**Els SPILLEBEEN**

Omega

Omloop : W50

Afstand : 4360m

Tijd : 0:50:05 (11'29"/km)

2/8

O.K.

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|                        |         |
|------------------------|---------|
| 1. Ieva FREIMANE       | 0:44:03 |
| 3. Angelique DE GRANDE | 0:59:24 |

|     |     |                   |      |           |
|-----|-----|-------------------|------|-----------|
| 1.  | 122 | 00:03:43          | 368m | 10'06"/km |
| 2.  | 120 | 00:01:54 00:05:37 | 134m | 14'11"/km |
| 3.  | 126 | 00:01:34 00:07:11 | 127m | 12'20"/km |
| 4.  | 132 | 00:02:41 00:09:52 | 279m | 9'37"/km  |
| 5.  | 133 | 00:01:38 00:11:30 | 112m | 14'35"/km |
| 6.  | 136 | 00:04:24 00:15:54 | 262m | 16'48"/km |
| 7.  | 138 | 00:02:44 00:18:38 | 193m | 14'10"/km |
| 8.  | 139 | 00:01:29 00:20:07 | 130m | 11'25"/km |
| 9.  | 142 | 00:03:27 00:23:34 | 338m | 10'12"/km |
| 10. | 167 | 00:03:45 00:27:19 | 286m | 13'07"/km |
| 11. | 173 | 00:06:27 00:33:46 | 582m | 11'05"/km |
| 12. | 178 | 00:03:48 00:37:34 | 304m | 12'30"/km |
| 13. | 184 | 00:05:32 00:43:06 |      |           |
| 14. | 186 | 00:02:03 00:45:09 | 176m | 11'39"/km |
| 15. | 115 | 00:03:17 00:48:26 | 254m | 12'56"/km |
| 16. | 111 | 00:00:51 00:49:17 | 112m | 7'35"/km  |
| 17. | 999 | 00:00:48 00:50:05 | 115m | 6'57"/km  |

Orienteering Software