



ASOM 2023 - WRE & City Race

Ghent 20.8.2023

ASOM

Michael HOCK

O.L.G. St. Vith ARDOC

Course : M VET

Distance : 9400m

Time : 1:00:51 (6'28"/km)

18/44

O.K.

[Full result on Webres](#)

1. Kim JANSEN	0:44:04
2. Guido LENGES	0:45:37
2. Frederik LOECKX	0:45:37

1.	57	00:03:18	428m	7'43"/km
2.	67	00:00:49 00:04:07	91m	8'58"/km
3.	35	00:01:37 00:05:44	238m	6'48"/km
4.	81	00:01:46 00:07:30	101m	17'30"/km
5.	54	00:01:09 00:08:39	48m	23'57"/km
6.	66	00:01:03 00:09:42	167m	6'17"/km
7.	65	00:01:04 00:10:46	123m	8'40"/km
8.	106	00:01:44 00:12:30	125m	13'52"/km
9.	82	00:02:27 00:14:57	333m	7'21"/km
10.	64	00:02:00 00:16:57	146m	13'42"/km
11.	84	00:01:39 00:18:36	208m	7'56"/km
12.	83	00:01:21 00:19:57	198m	6'49"/km
13.	85	00:00:32 00:20:29	83m	6'26"/km
14.	73	00:03:20 00:23:49	477m	6'59"/km
15.	39	00:02:56 00:26:45	258m	11'22"/km
16.	51	00:03:03 00:29:48	464m	6'34"/km
17.	68	00:02:00 00:31:48	220m	9'05"/km
18.	86	00:02:13 00:34:01	214m	10'21"/km
19.	87	00:02:47 00:36:48	126m	22'05"/km
20.	88	00:00:59 00:37:47	84m	11'42"/km
21.	89	00:04:23 00:42:10	568m	7'43"/km
22.	58	00:03:01 00:45:11	390m	7'44"/km
23.	52	00:02:28 00:47:39	228m	10'49"/km
24.	59	00:02:18 00:49:57	285m	8'04"/km
25.	72	00:04:39 00:54:36	521m	8'56"/km
26.	69	00:01:32 00:56:08	150m	10'13"/km
27.	71	00:00:44 00:56:52	74m	9'55"/km
28.	91	00:03:03 00:59:55	322m	9'28"/km
29.	43	00:00:38 01:00:33	104m	6'05"/km
30.	999	00:00:18 01:00:51	73m	4'07"/km