



ASOM 2023 - WRE & City Race

Ghent 20.8.2023

ASOM

Yves DE MITS

TROL

Course : M VET

Distance : 9400m

Time : 1:02:02 (6'36"/km)

19/44

O.K.

[Full result on Webres](#)

1. Kim JANSEN	0:44:04
2. Guido LENGES	0:45:37
2. Frederik LOECKX	0:45:37

1.	57	00:03:35	428m	8'22"/km
2.	67	00:00:52 00:04:27	91m	9'31"/km
3.	35	00:01:35 00:06:02	238m	6'39"/km
4.	81	00:01:50 00:07:52	101m	18'09"/km
5.	54	00:01:44 00:09:36	48m	36'07"/km
6.	66	00:01:00 00:10:36	167m	5'59"/km
7.	65	00:01:04 00:11:40	123m	8'40"/km
8.	106	00:01:32 00:13:12	125m	12'16"/km
9.	82	00:02:18 00:15:30	333m	6'54"/km
10.	64	00:01:58 00:17:28	146m	13'28"/km
11.	84	00:01:46 00:19:14	208m	8'30"/km
12.	83	00:01:20 00:20:34	198m	6'44"/km
13.	85	00:00:36 00:21:10	83m	7'14"/km
14.	73	00:04:09 00:25:19	477m	8'42"/km
15.	39	00:02:47 00:28:06	258m	10'47"/km
16.	51	00:03:00 00:31:06	464m	6'28"/km
17.	68	00:01:53 00:32:59	220m	8'34"/km
18.	86	00:02:00 00:34:59	214m	9'21"/km
19.	87	00:02:30 00:37:29	126m	19'50"/km
20.	88	00:00:53 00:38:22	84m	10'31"/km
21.	89	00:04:47 00:43:09	568m	8'25"/km
22.	58	00:02:45 00:45:54	390m	7'03"/km
23.	52	00:02:48 00:48:42	228m	12'17"/km
24.	59	00:02:20 00:51:02	285m	8'11"/km
25.	72	00:04:49 00:55:51	521m	9'15"/km
26.	69	00:01:36 00:57:27	150m	10'40"/km
27.	71	00:00:40 00:58:07	74m	9'01"/km
28.	91	00:02:55 01:01:02	322m	9'03"/km
29.	43	00:00:37 01:01:39	104m	5'56"/km
30.	999	00:00:23 01:02:02	73m	5'15"/km