



ASOM 2023 - WRE & City Race

Ghent 20.8.2023

ASOM

Carol SANDS

BOKW (UK)

Course : W ULTRAVET

Distance : 5220m

Time : 0:50:09 (9'36"/km)

5/20

O.K.

[Full result on Webres](#)

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|----------------------|---------|
| 1. Stella LEWSLEY | 0:36:20 |
| 2. Christine KIDDIER | 0:38:28 |
| 3. Monica ROELING | 0:47:43 |

1.	74	00:04:30	318m	14'09"/km
2.	37	00:01:33 00:06:03	159m	9'45"/km
3.	36	00:01:03 00:07:06	59m	17'48"/km
4.	67	00:01:46 00:08:52	71m	24'53"/km
5.	108	00:01:15 00:10:07	122m	10'15"/km
6.	35	00:01:08 00:11:15	119m	9'31"/km
7.	81	00:02:21 00:13:36	101m	23'16"/km
8.	54	00:02:02 00:15:38	48m	42'22"/km
9.	42	00:01:42 00:17:20	105m	16'11"/km
10.	66	00:09:24 00:26:44	147m	63'57"/km
11.	99	00:01:28 00:28:12	194m	7'34"/km
12.	106	00:01:35 00:29:47	54m	29'19"/km
13.	38	00:04:31 00:34:18	544m	8'18"/km
14.	41	00:03:04 00:37:22	289m	10'37"/km
15.	96	00:02:10 00:39:32	252m	8'36"/km
16.	109	00:01:27 00:40:59	120m	12'05"/km
17.	77	00:03:44 00:44:43	419m	8'55"/km
18.	76	00:01:10 00:45:53	130m	8'58"/km
19.	59	00:01:32 00:47:25	155m	9'54"/km
20.	98	00:00:58 00:48:23	93m	10'24"/km
21.	114	00:00:44 00:49:07	87m	8'26"/km
22.	43	00:00:40 00:49:47	87m	7'40"/km
23.	999	00:00:22 00:50:09	73m	5'01"/km

Orienteering Software