



Régionale
Camp Elsenborn 9.9.2023
OLV Eifel

Serge BAERT

OLV Eifel

Course : H:Noir Long

Distance : 9460m

Time : 1:37:44 (10'20"/km)

8/16

O.K.

[Full result on Webres](#)

1. Louis HALTZ	0:56:30
2. Luc SANDEVOIR	0:57:23
3. Gilles DE NEYER	1:07:10

1.	131	00:01:33		250m	6'12"/km
2.	132	00:08:22	00:09:55	1112m	7'31"/km
3.	133	00:00:54	00:10:49	108m	8'20"/km
4.	134	00:02:04	00:12:53	107m	19'19"/km
5.	135	00:01:05	00:13:58	153m	7'05"/km
6.	136	00:01:07	00:15:05	135m	8'16"/km
7.	137	00:06:26	00:21:31	912m	7'03"/km
8.	138	00:15:13	00:36:44	260m	58'32"/km
9.	139	00:01:15	00:37:59	65m	19'14"/km
10.	140	00:00:38	00:38:37	82m	7'43"/km
11.	141	00:01:48	00:40:25	184m	9'47"/km
12.	164	00:02:13	00:42:38	133m	16'40"/km
13.	142	00:01:31	00:44:09	146m	10'23"/km
14.	143	00:02:23	00:46:32	293m	8'08"/km
15.	144	00:02:17	00:48:49	235m	9'43"/km
16.	145	00:01:04	00:49:53	147m	7'15"/km
17.	146	00:02:10	00:52:03	262m	8'16"/km
18.	147	00:00:52	00:52:55	124m	6'59"/km
19.	148	00:01:37	00:54:32	216m	7'29"/km
20.	149	00:02:29	00:57:01	283m	8'47"/km
21.	150	00:04:52	01:01:53	717m	6'47"/km
22.	151	00:02:41	01:04:34	262m	10'15"/km
23.	152	00:01:44	01:06:18	106m	16'21"/km
24.	153	00:02:27	01:08:45	309m	7'56"/km
25.	154	00:01:19	01:10:04	195m	6'45"/km
26.	155	00:09:31	01:19:35	992m	9'36"/km
27.	156	00:03:52	01:23:27	85m	45'29"/km
28.	157	00:01:54	01:25:21	82m	23'10"/km
29.	158	00:03:23	01:28:44	272m	12'26"/km
30.	159	00:00:41	01:29:25	101m	6'46"/km
31.	160	00:02:41	01:32:06	319m	8'25"/km
32.	123	00:00:29	01:32:35	64m	7'33"/km
33.	101	00:00:22	01:32:57	42m	8'44"/km
34.	97	00:02:21	01:35:18	270m	8'42"/km
35.	165	00:01:38	01:36:56	290m	5'38"/km
36.	999	00:00:48	01:37:44	146m	5'29"/km