



**ESAER 2023 - PERCURSO LONGO**  
**GUARATINGUETÁ - SP 13.9.2023**  
**CDA - COMISSÃO DE DESPORTOS DA AERONÁUTICA**

**Al Bencke**

FAB

Percurso : 01

Distancia : 7200m (Desnivel 225m)

Tempo : 1:55:55 (16'06"/km)

**11/14**

O.K.

[Resultados completos em Webres](#)

|                    |         |
|--------------------|---------|
| 1. Al Ronald       | 1:13:42 |
| 2. Al Maycon Sousa | 1:18:36 |
| 3. Al L Santos     | 1:22:39 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 129 | 00:07:52 |          | 272m  | 28'55"/km |
| 2.  | 114 | 00:03:29 | 00:11:21 | 327m  | 10'39"/km |
| 3.  | 109 | 00:08:41 | 00:20:02 | 472m  | 18'24"/km |
| 4.  | 105 | 00:04:38 | 00:24:40 | 227m  | 20'25"/km |
| 5.  | 104 | 00:09:47 | 00:34:27 | 257m  | 38'04"/km |
| 6.  | 113 | 00:07:40 | 00:42:07 | 462m  | 16'36"/km |
| 7.  | 112 | 00:02:14 | 00:44:21 | 155m  | 14'25"/km |
| 8.  | 115 | 00:09:07 | 00:53:28 | 483m  | 18'53"/km |
| 9.  | 135 | 00:02:48 | 00:56:16 | 81m   | 34'34"/km |
| 10. | 130 | 00:11:51 | 01:08:07 | 230m  | 51'31"/km |
| 11. | 120 | 00:08:08 | 01:16:15 | 863m  | 9'25"/km  |
| 12. | 122 | 00:04:39 | 01:20:54 | 272m  | 17'06"/km |
| 13. | 123 | 00:10:43 | 01:31:37 | 1068m | 10'02"/km |
| 14. | 118 | 00:11:40 | 01:43:17 | 991m  | 11'46"/km |
| 15. | 128 | 00:02:05 | 01:45:22 | 200m  | 10'25"/km |
| 16. | 132 | 00:08:16 | 01:53:38 | 450m  | 18'22"/km |
| 17. | 117 | 00:01:56 | 01:55:34 | 204m  | 9'29"/km  |
| 18. | 999 | 00:00:21 | 01:55:55 | 109m  | 3'13"/km  |

Orienteering Software