



Régionale Beynert
Arlon - Bois du Beynert 17.9.2023
ASUB

Dominique STAS

ASUB

Circuit : H:Noir Long

Distance : 7300m (Dénivelé 260m)

Temps : 1:43:37 (14'12"/km)

9/15

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Vincent SILLIEN | 1:09:40 |
| 2. Patrick MENGAL | 1:18:26 |
| 3. Thomas BREDO | 1:22:12 |

1.	186	00:10:32		1024m	10'17"/km
2.	187	00:03:52	00:14:24	298m	12'59"/km
3.	188	00:02:56	00:17:20	236m	12'26"/km
4.	189	00:08:43	00:26:03	422m	20'39"/km
5.	190	00:02:10	00:28:13	175m	12'23"/km
6.	191	00:01:44	00:29:57	129m	13'26"/km
7.	192	00:01:32	00:31:29	115m	13'20"/km
8.	193	00:06:29	00:37:58	182m	35'37"/km
9.	194	00:04:25	00:42:23	306m	14'26"/km
10.	195	00:09:50	00:52:13	830m	11'51"/km
11.	207	00:01:58	00:54:11	172m	11'26"/km
12.	197	00:01:29	00:55:40	88m	16'51"/km
13.	198	00:04:16	00:59:56	360m	11'51"/km
14.	200	00:08:44	01:08:40	570m	15'19"/km
15.	201	00:08:00	01:16:40	450m	17'47"/km
16.	202	00:02:17	01:18:57	154m	14'50"/km
17.	203	00:04:48	01:23:45	223m	21'31"/km
18.	204	00:02:34	01:26:19	162m	15'51"/km
19.	185	00:07:18	01:33:37	473m	15'26"/km
20.	205	00:02:00	01:35:37	202m	9'54"/km
21.	206	00:02:05	01:37:42	147m	14'10"/km
22.	208	00:03:41	01:41:23	288m	12'47"/km
23.	176	00:01:49	01:43:12	187m	9'43"/km
24.	999	00:00:25	01:43:37	70m	5'57"/km

Orienteering Software