



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Marina DRIESEN

Omega

Omloop : D70

Afstand : 3550m

Tijd : 1:13:22 (20'40"/km)

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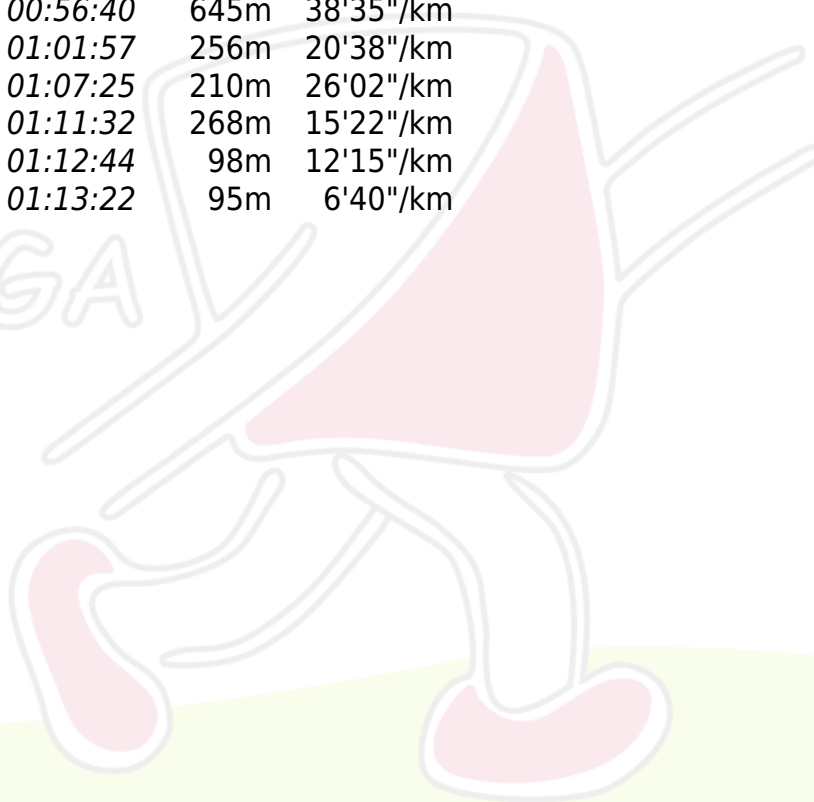
O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Monica ROELING | 0:52:59 |
| 2. Christa ZWIKKER | 1:04:10 |

1.	135	00:04:59		198m	25'10"/km
2.	134	00:03:55	00:08:54	186m	21'03"/km
3.	156	00:07:35	00:16:29	512m	14'49"/km
4.	153	00:03:49	00:20:18	174m	21'56"/km
5.	157	00:03:15	00:23:33	215m	15'07"/km
6.	147	00:05:11	00:28:44	357m	14'31"/km
7.	145	00:03:03	00:31:47	192m	15'53"/km
8.	154	00:24:53	00:56:40	645m	38'35"/km
9.	151	00:05:17	01:01:57	256m	20'38"/km
10.	152	00:05:28	01:07:25	210m	26'02"/km
11.	149	00:04:07	01:11:32	268m	15'22"/km
12.	150	00:01:12	01:12:44	98m	12'15"/km
13.	999	00:00:38	01:13:22	95m	6'40"/km

HELGA



Orienteering Software