



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Stefan THIELS

Omega

Omloop : H50

Afstand : 7110m

Tijd : 1:05:07 (9'10"/km)

--/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------------|---------|
| 1. Olaf BINSCH | 0:51:28 |
| 2. Jorran VAN DER HEIJDEN | 1:04:43 |
| 3. Marc VAN VEEN | 1:08:56 |

1.	135	00:02:39		198m	13'23"/km
2.	133	00:03:19	00:05:58	224m	14'48"/km
3.	136	00:02:56	00:08:54	365m	8'02"/km
4.	114	00:03:49	00:12:43	492m	7'45"/km
5.	148	00:12:14	00:24:57	1193m	10'15"/km
6.	128	00:02:37	00:27:34	319m	8'12"/km
7.	123	00:02:25	00:29:59	248m	9'45"/km
8.	124	00:03:29	00:33:28	327m	10'39"/km
9.	127	00:03:13	00:36:41	228m	14'06"/km
10.	125	00:01:37	00:38:18	135m	11'59"/km
11.	132	00:05:38	00:43:56	727m	7'45"/km
12.	145	00:05:40	00:49:36	634m	8'56"/km
13.	147	00:01:36	00:51:12	192m	8'20"/km
14.	154	00:04:54	00:56:06	592m	8'17"/km
15.	158	00:01:49	00:57:55	199m	9'08"/km
16.	151	00:01:02	00:58:57	77m	13'25"/km
17.	153	00:01:06	01:00:03	114m	9'39"/km
18.	149	00:03:42	01:03:45	512m	7'14"/km
19.	150	00:00:48	01:04:33	98m	8'10"/km
20.	999	00:00:34	01:05:07	95m	5'58"/km

Orienteering Software