



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Luc HEUNINCKX

K.O.L.

Omloop : H70

Afstand : 5120m

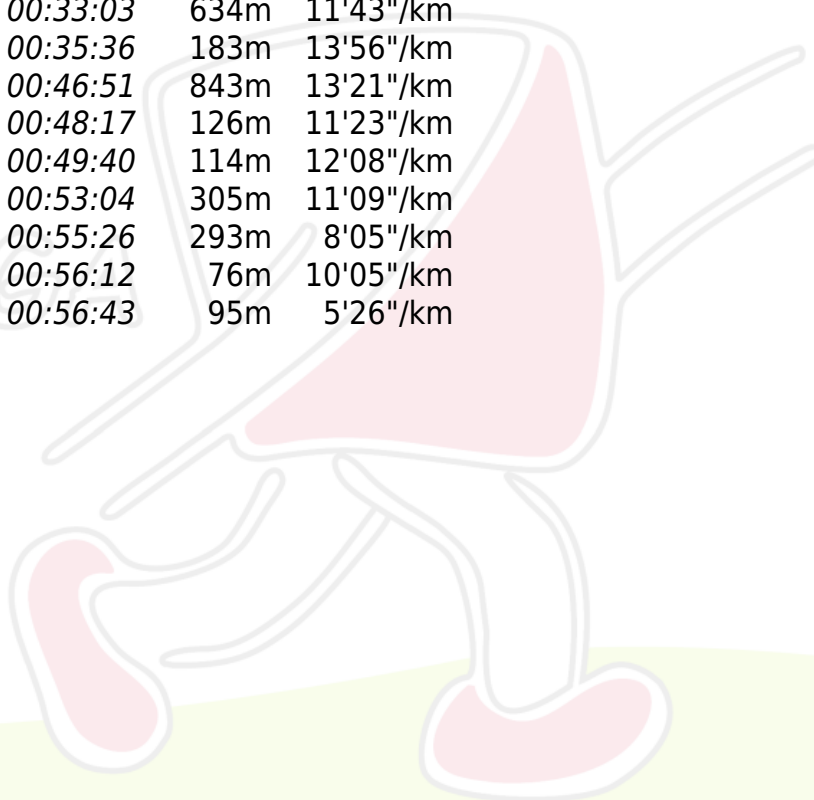
Tijd : 0:56:43 (11'05"/km)

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O.K.

[Volledige uitslagen op Webres](#)

1.	134	00:04:48		375m	12'48"/km
2.	136	00:03:13	00:08:01	365m	8'49"/km
3.	137	00:01:18	00:09:19	106m	12'16"/km
4.	155	00:08:01	00:17:20	768m	10'26"/km
5.	157	00:01:42	00:19:02	147m	11'34"/km
6.	147	00:04:02	00:23:04	357m	11'18"/km
7.	145	00:02:33	00:25:37	192m	13'17"/km
8.	132	00:07:26	00:33:03	634m	11'43"/km
9.	131	00:02:33	00:35:36	183m	13'56"/km
10.	156	00:11:15	00:46:51	843m	13'21"/km
11.	151	00:01:26	00:48:17	126m	11'23"/km
12.	153	00:01:23	00:49:40	114m	12'08"/km
13.	113	00:03:24	00:53:04	305m	11'09"/km
14.	159	00:02:22	00:55:26	293m	8'05"/km
15.	150	00:00:46	00:56:12	76m	10'05"/km
16.	999	00:00:31	00:56:43	95m	5'26"/km



Orienteering Software