



Nationale Midde - Saenhoeve Noord

Maasmechelen 24.9.2023

Omega

Gunther DEFERME

hamok

Omloop : H50

Afstand : 4070m

Tijd : 0:33:34 (8'15"/km)

1/10

O.K.

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2. Wim VERVOORT 0:39:16
3. Olivier DE SMUL 0:44:18

1.	151	00:02:01		150m	13'27"/km
2.	128	00:01:55	00:03:56	243m	7'53"/km
3.	148	00:00:50	00:04:46		
4.	147	00:01:20	00:06:06	135m	9'53"/km
5.	146	00:03:12	00:09:18	436m	7'20"/km
6.	122	00:02:51	00:12:09	435m	6'33"/km
7.	121	00:01:41	00:13:50	215m	7'50"/km
8.	120	00:00:22	00:14:12	82m	4'28"/km
9.	145	00:01:56	00:16:08	305m	6'20"/km
10.	159	00:01:49	00:17:57	263m	6'54"/km
11.	132	00:00:16	00:18:13		
12.	144	00:01:46	00:19:59	168m	10'31"/km
13.	143	00:05:25	00:25:24	709m	7'38"/km
14.	140	00:00:57	00:26:21	141m	6'44"/km
15.	131	00:02:59	00:29:20	283m	10'33"/km
16.	139	00:02:29	00:31:49	143m	17'22"/km
17.	130	00:01:20	00:33:09	88m	15'09"/km
18.	999	00:00:25	00:33:34	93m	4'29"/km

Orienteering Software