



Nationale lang Sonnis - Kelchterhoef

HOUTHALEN 1.10.2023

K.O.L.

Els SPILLEBEEN

Omega

Omloop : D50

Afstand : 5890m

Tijd : 1:05:10 (11'04"/km)

1/8

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 2. Linda VERBRAKEN | 1:09:19 |
| 3. Geneviève NYS | 1:10:26 |

1.	133	00:06:15		436m	14'20"/km
2.	178	00:04:27	00:10:42	405m	10'59"/km
3.	198	00:02:52	00:13:34	250m	11'28"/km
4.	144	00:03:09	00:16:43	249m	12'39"/km
5.	180	00:02:26	00:19:09	270m	9'01"/km
6.	175	00:04:07	00:23:16	393m	10'28"/km
7.	131	00:05:09	00:28:25	464m	11'06"/km
8.	186	00:02:29	00:30:54	214m	11'36"/km
9.	148	00:01:55	00:32:49	188m	10'12"/km
10.	136	00:03:13	00:36:02	296m	10'52"/km
11.	168	00:03:20	00:39:22	286m	11'39"/km
12.	119	00:03:54	00:43:16	357m	10'55"/km
13.	181	00:02:53	00:46:09	264m	10'55"/km
14.	184	00:02:51	00:49:00	209m	13'38"/km
15.	121	00:03:45	00:52:45	296m	12'40"/km
16.	102	00:02:51	00:55:36	273m	10'26"/km
17.	123	00:04:48	01:00:24	433m	11'05"/km
18.	200	00:03:29	01:03:53	295m	11'48"/km
19.	999	00:01:17	01:05:10	229m	5'36"/km

Orienteering Software