



**Nationale lang Sonnis - Kelchterhoef**  
**HOUTHALEN 1.10.2023**  
**K.O.L.**

**Dieter SELS**

hamok

Omloop : H40

Afstand : 9580m

--/5

niet geklasseerd

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- |                      |         |
|----------------------|---------|
| 1. Patrick MAYERES   | 1:15:42 |
| 2. Jan BOECKX        | 1:32:11 |
| 3. Raul CORDON PEREZ | 1:56:22 |

|    |     |          |          |      |           |
|----|-----|----------|----------|------|-----------|
| 1. | 130 | 00:03:04 |          | 291m | 10'32"/km |
| 2. | 133 | 00:01:30 | 00:04:34 | 174m | 8'37"/km  |
| 3. | 135 | 00:02:33 | 00:07:07 | 275m | 9'16"/km  |
| 4. | 178 | 00:03:39 | 00:10:46 | 287m | 12'43"/km |
| 5. | 179 | 00:05:56 | 00:16:42 | 410m | 14'28"/km |
| 6. | 151 | 00:07:31 | 00:24:13 | 291m | 25'50"/km |
| 7. | 200 | 00:30:52 | 00:55:05 |      |           |
| 8. | 999 | 00:01:27 | 00:56:32 | 229m | 6'20"/km  |

HELGA



Orienteering Software