



Nationale lang Sonnis - Kelchterhoef

HOUTHALEN 1.10.2023

K.O.L.

Roger HENDRICKX

hamok

Omloop : H70

Afstand : 4220m

Tijd : 1:05:29 (15'31"/km)

9/13

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Jean BREDO | 0:46:39 |
| 2. Rogier VANAKEN | 0:46:59 |
| 3. Rudy CANTRE | 0:48:43 |

1.	189	00:13:52		430m	32'15"/km
2.	133	00:01:42	00:15:34	205m	8'18"/km
3.	195	00:06:34	00:22:08	209m	31'25"/km
4.	192	00:02:57	00:25:05	399m	7'24"/km
5.	190	00:01:54	00:26:59	233m	8'09"/km
6.	179	00:04:56	00:31:55	160m	30'50"/km
7.	151	00:04:50	00:36:45	291m	16'37"/km
8.	196	00:07:00	00:43:45	321m	21'48"/km
9.	120	00:03:38	00:47:23	171m	21'15"/km
10.	184	00:05:01	00:52:24	293m	17'07"/km
11.	121	00:02:28	00:54:52	296m	8'20"/km
12.	102	00:02:39	00:57:31	273m	9'42"/km
13.	170	00:02:39	01:00:10	250m	10'36"/km
14.	198	00:01:21	01:01:31		
15.	118	00:02:17	01:03:48	197m	11'35"/km
16.	200	00:00:44	01:04:32	116m	6'19"/km
17.	999	00:00:57	01:05:29	229m	4'09"/km

Orienteering Software