



BMOT

Rodenberg 5.10.2023

Belgian Military Orienteering Team

Kris VERDUYCKT

OMEGA

Omloop : H:04

Afstand : 4500m

Tijd : 0:47:07 (10'28"/km)

--/23

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------|---------|
| 1. Michel VAN LAAR | 0:41:16 |
| 2. Andre AERTS | 0:41:18 |
| 3. Reginald FORGET | 0:45:00 |

1.	140	00:01:33		166m	9'20"/km
2.	102	00:02:06	00:03:39	84m	25'00"/km
3.	103	00:01:19	00:04:58	137m	9'37"/km
4.	109	00:02:31	00:07:29	364m	6'55"/km
5.	110	00:03:04	00:10:33	306m	10'01"/km
6.	113	00:03:28	00:14:01	484m	7'10"/km
7.	126	00:06:47	00:20:48	341m	19'54"/km
8.	115	00:03:46	00:24:34	353m	10'40"/km
9.	123	00:03:43	00:28:17	336m	11'04"/km
10.	124	00:00:11	00:28:28	125m	1'28"/km
11.	125	00:00:10	00:28:38	33m	5'03"/km
12.	131	00:05:03	00:33:41	565m	8'56"/km
13.	129	00:04:27	00:38:08	207m	21'30"/km
14.	130	00:02:47	00:40:55	243m	11'27"/km
15.	133	00:02:35	00:43:30	230m	11'14"/km
16.	134	00:02:30	00:46:00	216m	11'34"/km
17.	180	00:01:07	00:47:07	211m	5'18"/km

Orienteering Software