



LOS 2023-08
Arenberg 21.10.2023
Omega

Pierre-Emmanuel DEMEUSE

CO Liège

Course : H:01

Distance : 5500m

Time : 0:36:04 (6'33"/km)

9/51

O.K.

[Full result on Webres](#)

1. Mats DE SMUL	0:28:16
2. Lennert LENS	0:31:08
3. Peter COKELAERE	0:33:49

1.	55	00:01:04		186m	5'44"/km
2.	56	00:00:59	00:02:03	129m	7'37"/km
3.	45	00:01:28	00:03:31	285m	5'09"/km
4.	49	00:01:28	00:04:59	176m	8'20"/km
5.	44	00:01:15	00:06:14	145m	8'37"/km
6.	54	00:01:06	00:07:20	259m	4'15"/km
7.	43	00:01:03	00:08:23	219m	4'48"/km
8.	42	00:00:56	00:09:19	120m	7'47"/km
9.	37	00:01:09	00:10:28	154m	7'28"/km
10.	41	00:01:14	00:11:42	209m	5'54"/km
11.	39	00:01:17	00:12:59	246m	5'13"/km
12.	52	00:01:25	00:14:24	178m	7'58"/km
13.	47	00:00:52	00:15:16	191m	4'32"/km
14.	50	00:00:42	00:15:58	122m	5'44"/km
15.	53	00:01:17	00:17:15	142m	9'02"/km
16.	51	00:02:27	00:19:42	247m	9'55"/km
17.	60	00:01:13	00:20:55	190m	6'24"/km
18.	35	00:01:29	00:22:24	293m	5'04"/km
19.	61	00:02:26	00:24:50	235m	10'21"/km
20.	38	00:00:36	00:25:26	112m	5'21"/km
21.	40	00:01:20	00:26:46	121m	11'01"/km
22.	48	00:00:49	00:27:35	107m	7'38"/km
23.	32	00:01:13	00:28:48	102m	11'56"/km
24.	31	00:00:43	00:29:31	121m	5'55"/km
25.	58	00:01:09	00:30:40	157m	7'19"/km
26.	34	00:01:58	00:32:38	386m	5'06"/km
27.	36	00:01:14	00:33:52	232m	5'19"/km
28.	57	00:01:23	00:35:15	245m	5'39"/km
29.	46	00:00:36	00:35:51	142m	4'14"/km
30.	999	00:00:13	00:36:04	51m	4'15"/km