



LOS 2023-08
Arenberg 21.10.2023
Omega

Johan CLAES

Borasca

Course : H:01

Distance : 5500m

Time : 0:59:59 (10'54"/km)

46/51

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Mats DE SMUL | 0:28:16 |
| 2. Lennert LENS | 0:31:08 |
| 3. Peter COKELAERE | 0:33:49 |

1.	55	00:01:10	186m	6'16"/km
2.	56	00:01:35 00:02:45	129m	12'16"/km
3.	45	00:02:17 00:05:02	285m	8'01"/km
4.	49	00:02:05 00:07:07	176m	11'50"/km
5.	44	00:01:45 00:08:52	145m	12'04"/km
6.	54	00:01:49 00:10:41	259m	7'01"/km
7.	43	00:02:06 00:12:47	219m	9'35"/km
8.	42	00:01:41 00:14:28	120m	14'02"/km
9.	37	00:02:05 00:16:33	154m	13'32"/km
10.	41	00:02:07 00:18:40	209m	10'08"/km
11.	39	00:02:02 00:20:42	246m	8'16"/km
12.	52	00:02:12 00:22:54	178m	12'22"/km
13.	47	00:01:17 00:24:11	191m	6'43"/km
14.	50	00:01:25 00:25:36	122m	11'37"/km
15.	53	00:02:21 00:27:57	142m	16'33"/km
16.	51	00:04:48 00:32:45	247m	19'26"/km
17.	60	00:02:14 00:34:59	190m	11'45"/km
18.	35	00:02:45 00:37:44	293m	9'23"/km
19.	61	00:03:46 00:41:30	235m	16'02"/km
20.	38	00:01:10 00:42:40	112m	10'25"/km
21.	40	00:01:10 00:43:50	121m	9'39"/km
22.	48	00:01:15 00:45:05	107m	11'41"/km
23.	32	00:01:49 00:46:54	102m	17'49"/km
24.	31	00:01:07 00:48:01	121m	9'14"/km
25.	58	00:01:39 00:49:40	157m	10'31"/km
26.	34	00:04:03 00:53:43	386m	10'30"/km
27.	36	00:02:15 00:55:58	232m	9'42"/km
28.	57	00:02:17 00:58:15	245m	9'19"/km
29.	46	00:01:27 00:59:42	142m	10'13"/km
30.	999	00:00:17 00:59:59	51m	5'33"/km