



# Dagomlopen openingsaflossing Graafsbos

## Merksplas 10.11.2023

### Omega

**Alfred SIMKENS**

K.O.L.

Omloop : SD

Afstand : 4000m

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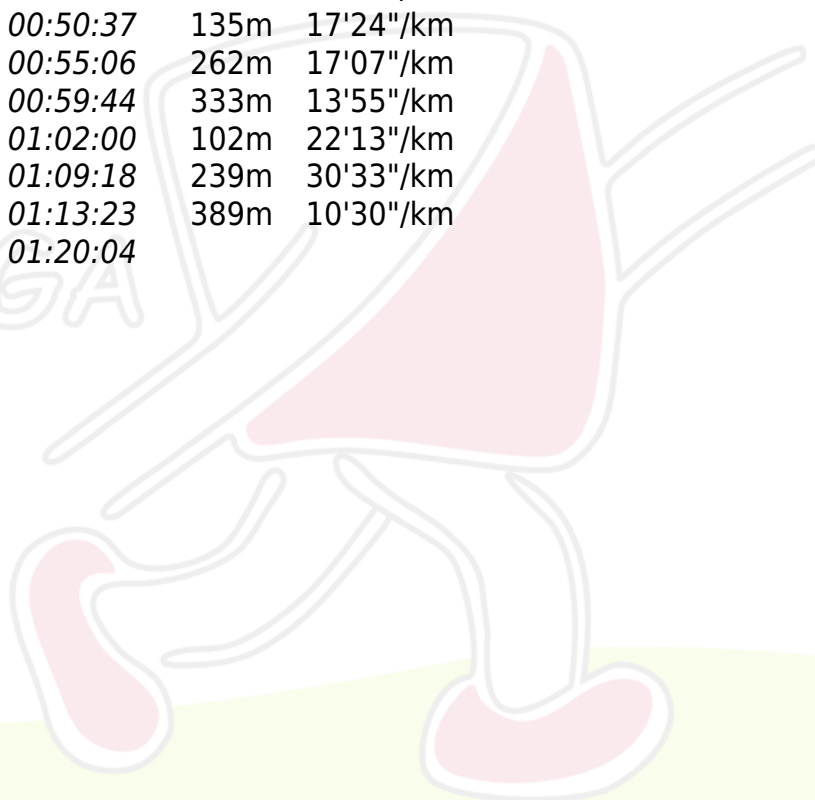
niet geklasseerd

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- |                     |         |
|---------------------|---------|
| 1. Peter HOOGSTRATE | 1:15:06 |
| 2. An SMET          | 1:17:41 |
| 3. Ellen DESCHAPPER | 1:25:37 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 136 | 00:08:42 |          |      |           |
| 2.  | 137 | 00:00:46 | 00:09:28 |      |           |
| 3.  | 145 | 00:03:17 | 00:12:45 | 263m | 12'29"/km |
| 4.  | 180 | 00:03:20 | 00:16:05 | 168m | 19'50"/km |
| 5.  | 159 | 00:07:29 | 00:23:34 | 333m | 22'28"/km |
| 6.  | 160 | 00:04:50 | 00:28:24 |      |           |
| 7.  | 148 | 00:05:49 | 00:34:13 |      |           |
| 8.  | 178 | 00:06:18 | 00:40:31 | 319m | 19'45"/km |
| 9.  | 149 | 00:07:45 | 00:48:16 | 401m | 19'20"/km |
| 10. | 150 | 00:02:21 | 00:50:37 | 135m | 17'24"/km |
| 11. | 151 | 00:04:29 | 00:55:06 | 262m | 17'07"/km |
| 12. | 152 | 00:04:38 | 00:59:44 | 333m | 13'55"/km |
| 13. | 162 | 00:02:16 | 01:02:00 | 102m | 22'13"/km |
| 14. | 154 | 00:07:18 | 01:09:18 | 239m | 30'33"/km |
| 15. | 134 | 00:04:05 | 01:13:23 | 389m | 10'30"/km |
| 16. | 999 | 00:06:41 | 01:20:04 |      |           |

HELGA



Orienteering Software