



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Nicole REVENCU

ASUB

Circuit : D:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 1:55:44 (20'08"/km)

13/16

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Agnès MERCIER | 0:50:14 |
| 2. Aline HERMANS | 0:51:03 |
| 3. Gaëlle FRONHOFFS | 0:52:55 |

1.	184	00:08:54		410m	21'42"/km
2.	190	00:02:18	00:11:12	143m	16'05"/km
3.	66	00:02:19	00:13:31	104m	22'17"/km
4.	67	00:03:47	00:17:18	179m	21'08"/km
5.	68	00:03:30	00:20:48	284m	12'19"/km
6.	69	00:02:04	00:22:52	123m	16'48"/km
7.	70	00:02:05	00:24:57	87m	23'57"/km
8.	71	00:02:11	00:27:08	102m	21'24"/km
9.	72	00:04:50	00:31:58	262m	18'27"/km
10.	187	00:05:32	00:37:30	261m	21'12"/km
11.	167	00:12:12	00:49:42	314m	38'51"/km
12.	166	00:04:17	00:53:59	117m	36'37"/km
13.	169	00:08:44	01:02:43	383m	22'48"/km
14.	171	00:05:15	01:07:58	276m	19'01"/km
15.	195	00:02:32	01:10:30	192m	13'12"/km
16.	174	00:06:02	01:16:32	355m	17'00"/km
17.	175	00:04:15	01:20:47	355m	11'58"/km
18.	176	00:02:38	01:23:25	136m	19'22"/km
19.	179	00:08:15	01:31:40	240m	34'23"/km
20.	193	00:04:14	01:35:54	287m	14'45"/km
21.	180	00:07:12	01:43:06	402m	17'55"/km
22.	183	00:05:48	01:48:54	254m	22'50"/km
23.	184	00:02:15	01:51:09	117m	19'14"/km
24.	255	00:03:47	01:54:56	223m	16'58"/km
25.	999	00:00:48	01:55:44	109m	7'20"/km

Orienteering Software