



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

An DUYCK

ASUB

Circuit : D:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 2:03:47 (21'32"/km)

14/16

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Agnès MERCIER | 0:50:14 |
| 2. Aline HERMANS | 0:51:03 |
| 3. Gaëlle FRONHOFFS | 0:52:55 |

1.	184	00:06:57		410m	16'57"/km
2.	190	00:02:03	00:09:00	143m	14'20"/km
3.	66	00:01:44	00:10:44	104m	16'40"/km
4.	67	00:04:43	00:15:27	179m	26'21"/km
5.	68	00:03:57	00:19:24	284m	13'55"/km
6.	69	00:02:00	00:21:24	123m	16'16"/km
7.	70	00:04:57	00:26:21	87m	56'54"/km
8.	71	00:07:09	00:33:30	102m	70'06"/km
9.	72	00:03:20	00:36:50	262m	12'43"/km
10.	187	00:04:50	00:41:40	261m	18'31"/km
11.	167	00:04:59	00:46:39	314m	15'52"/km
12.	166	00:01:59	00:48:38	117m	16'57"/km
13.	169	00:10:39	00:59:17	383m	27'48"/km
14.	171	00:05:14	01:04:31	276m	18'58"/km
15.	195	00:02:48	01:07:19	192m	14'35"/km
16.	174	00:06:06	01:13:25	355m	17'11"/km
17.	175	00:04:38	01:18:03	355m	13'03"/km
18.	176	00:05:56	01:23:59	136m	43'38"/km
19.	179	00:07:53	01:31:52	240m	32'51"/km
20.	193	00:05:27	01:37:19	287m	18'59"/km
21.	180	00:11:27	01:48:46	402m	28'29"/km
22.	183	00:07:59	01:56:45	254m	31'26"/km
23.	184	00:02:11	01:58:56	117m	18'40"/km
24.	255	00:04:07	02:03:03	223m	18'28"/km
25.	999	00:00:44	02:03:47	109m	6'44"/km

Orienteering Software