



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Bernadette VANDERMEULEN

CO Liège

Circuit : D:Noir Moyen

Distance : 4740m (Dénivelé 180m)

Temps : 1:36:55 (20'27"/km)

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O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Louise AHOND | 0:59:29 |
| 2. Elvire PIERLOT | 1:02:55 |
| 3. Kiara NIJST | 1:05:45 |

1.	183	00:05:24		311m	17'22"/km
2.	68	00:06:09	00:11:33	290m	21'12"/km
3.	169	00:07:19	00:18:52	374m	19'34"/km
4.	187	00:02:48	00:21:40	121m	23'08"/km
5.	72	00:06:42	00:28:22	261m	25'40"/km
6.	189	00:04:47	00:33:09	273m	17'31"/km
7.	190	00:04:58	00:38:07	215m	23'06"/km
8.	191	00:10:19	00:48:26	579m	17'49"/km
9.	176	00:05:26	00:53:52	260m	20'54"/km
10.	192	00:07:28	01:01:20	309m	24'10"/km
11.	193	00:02:09	01:03:29	83m	25'54"/km
12.	194	00:06:39	01:10:08	232m	28'40"/km
13.	175	00:07:30	01:17:38	401m	18'42"/km
14.	171	00:06:48	01:24:26	283m	24'02"/km
15.	65	00:05:32	01:29:58	274m	20'12"/km
16.	66	00:03:53	01:33:51	157m	24'44"/km
17.	255	00:02:22	01:36:13	167m	14'10"/km
18.	999	00:00:42	01:36:55	109m	6'25"/km

Orienteering Software