



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altaïr Orientation

Alain MAZY

CO Liège

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 0:45:21 (7'53"/km)

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O.K.

[Résultats complets sur Webres](#)

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|------------------|---------|
| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:03:20		410m	8'08"/km
2.	190	00:00:50	00:04:10	143m	5'50"/km
3.	66	00:00:55	00:05:05	104m	8'49"/km
4.	67	00:01:59	00:07:04	179m	11'05"/km
5.	68	00:01:23	00:08:27	284m	4'52"/km
6.	69	00:00:42	00:09:09	123m	5'41"/km
7.	70	00:00:47	00:09:56	87m	9'00"/km
8.	71	00:01:06	00:11:02	102m	10'47"/km
9.	72	00:01:43	00:12:45	262m	6'33"/km
10.	187	00:02:16	00:15:01	261m	8'41"/km
11.	167	00:02:17	00:17:18	314m	7'16"/km
12.	166	00:01:01	00:18:19	117m	8'41"/km
13.	169	00:04:10	00:22:29	383m	10'53"/km
14.	171	00:01:59	00:24:28	276m	7'11"/km
15.	195	00:01:17	00:25:45	192m	6'41"/km
16.	174	00:02:48	00:28:33	355m	7'53"/km
17.	175	00:02:13	00:30:46	355m	6'15"/km
18.	176	00:01:09	00:31:55	136m	8'27"/km
19.	179	00:02:07	00:34:02	240m	8'49"/km
20.	193	00:02:02	00:36:04	287m	7'05"/km
21.	180	00:03:28	00:39:32	402m	8'37"/km
22.	183	00:02:42	00:42:14	254m	10'38"/km
23.	184	00:00:55	00:43:09	117m	7'50"/km
24.	255	00:01:41	00:44:50	223m	7'33"/km
25.	999	00:00:31	00:45:21	109m	4'44"/km

Orienteering Software