



BOC #1 - Régionale Moyenne Distance

Varkensgat 11.11.2023

Altair Orientation

Jeroen VAN DER KLEIJ

hamok

Circuit : H:Noir Long

Distance : 5750m (Dénivelé 190m)

Temps : 0:46:00 (8'00"/km)

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O.K.

[Résultats complets sur Webres](#)

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| 1. Louis HALTZ | 0:38:50 |
| 2. Michel BASTIN | 0:39:52 |
| 3. Rune DELERCQ | 0:39:58 |

1.	184	00:03:20		410m	8'08"/km
2.	190	00:00:58	00:04:18	143m	6'46"/km
3.	66	00:01:00	00:05:18	104m	9'37"/km
4.	67	00:01:31	00:06:49	179m	8'28"/km
5.	68	00:01:35	00:08:24	284m	5'35"/km
6.	69	00:00:43	00:09:07	123m	5'50"/km
7.	70	00:00:55	00:10:02	87m	10'32"/km
8.	71	00:01:36	00:11:38	102m	15'41"/km
9.	72	00:01:57	00:13:35	262m	7'27"/km
10.	187	00:02:15	00:15:50	261m	8'37"/km
11.	167	00:02:15	00:18:05	314m	7'10"/km
12.	166	00:00:58	00:19:03	117m	8'16"/km
13.	169	00:03:28	00:22:31	383m	9'03"/km
14.	171	00:02:44	00:25:15	276m	9'54"/km
15.	195	00:01:04	00:26:19	192m	5'33"/km
16.	174	00:02:40	00:28:59	355m	7'31"/km
17.	175	00:02:33	00:31:32	355m	7'11"/km
18.	176	00:01:15	00:32:47	136m	9'11"/km
19.	179	00:02:03	00:34:50	240m	8'32"/km
20.	193	00:02:05	00:36:55	287m	7'16"/km
21.	180	00:03:12	00:40:07	402m	7'58"/km
22.	183	00:02:45	00:42:52	254m	10'50"/km
23.	184	00:01:08	00:44:00	117m	9'41"/km
24.	255	00:01:30	00:45:30	223m	6'44"/km
25.	999	00:00:30	00:46:00	109m	4'35"/km

Orienteering Software