



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Nancy WENDERICKX

hamok

Omloop : D45

Afstand : 6460m

Tijd : 1:03:29 (9'50"/km)

2/3

O.K.

[Volledige uitslagen op Webres](#)

1. Amber THYS 0:56:19
3. Annelies GEBOERS 1:17:03

1.	119	00:04:48		335m	14'20"/km
2.	104	00:01:39	00:06:27	196m	8'25"/km
3.	133	00:02:30	00:08:57	243m	10'17"/km
4.	138	00:02:33	00:11:30	263m	9'42"/km
5.	137	00:06:28	00:17:58	191m	33'51"/km
6.	153	00:04:01	00:21:59	583m	6'53"/km
7.	155	00:01:37	00:23:36	133m	12'09"/km
8.	143	00:03:18	00:26:54	363m	9'05"/km
9.	142	00:01:12	00:28:06	128m	9'23"/km
10.	148	00:01:34	00:29:40	238m	6'35"/km
11.	166	00:06:59	00:36:39	793m	8'48"/km
12.	171	00:06:11	00:42:50	712m	8'41"/km
13.	172	00:01:21	00:44:11	113m	11'57"/km
14.	174	00:04:11	00:48:22	340m	12'18"/km
15.	173	00:02:04	00:50:26	272m	7'36"/km
16.	176	00:01:46	00:52:12	229m	7'43"/km
17.	178	00:01:59	00:54:11	238m	8'20"/km
18.	179	00:03:03	00:57:14	407m	7'30"/km
19.	112	00:02:01	00:59:15	185m	10'54"/km
20.	127	00:02:30	01:01:45	229m	10'55"/km
21.	200	00:01:05	01:02:50	139m	7'48"/km
22.	999	00:00:39	01:03:29	130m	5'00"/km

Orienteering Software