



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Bernadette VANDERMEULEN

CO Liège

Omloop : D65

Afstand : 3470m

Tijd : 0:51:38 (14'53"/km)

4/9

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Julienne VANREUSEL | 0:38:42 |
| 2. Simonne SILVI | 0:46:30 |
| 3. Liset HENDRICKX | 0:47:05 |

1.	101	00:01:39		230m	7'10"/km
2.	118	00:02:57	00:04:36	134m	22'01"/km
3.	124	00:03:20	00:07:56	269m	12'23"/km
4.	130	00:04:14	00:12:10	319m	13'16"/km
5.	139	00:04:19	00:16:29	309m	13'58"/km
6.	143	00:03:57	00:20:26	279m	14'09"/km
7.	150	00:06:09	00:26:35	400m	15'23"/km
8.	175	00:04:28	00:31:03	276m	16'11"/km
9.	176	00:02:40	00:33:43	202m	13'12"/km
10.	179	00:05:21	00:39:04	467m	11'27"/km
11.	126	00:10:24	00:49:28	332m	31'20"/km
12.	200	00:01:24	00:50:52	127m	11'01"/km
13.	999	00:00:46	00:51:38	130m	5'54"/km

HELGA

Orienteering Software