



**Vlaams kampioenschap lange afstand**  
**Leopoldsburg 19.11.2023**  
**K.O.L.**

**Paulette BLOMMEN**

Omega

Omloop : D70

Afstand : 3170m

Tijd : 0:41:37 (13'08"/km)

**2/8**

O.K.

[Volledige uitslagen op Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Odette MORET    | 0:37:28 |
| 3. Lisette EYKMANS | 0:42:15 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 102 | 00:04:43 |          | 287m | 16'26"/km |
| 2.  | 105 | 00:04:32 | 00:09:15 | 276m | 16'26"/km |
| 3.  | 132 | 00:03:34 | 00:12:49 | 273m | 13'04"/km |
| 4.  | 139 | 00:03:27 | 00:16:16 | 263m | 13'07"/km |
| 5.  | 141 | 00:02:35 | 00:18:51 | 140m | 18'27"/km |
| 6.  | 145 | 00:04:33 | 00:23:24 | 369m | 12'20"/km |
| 7.  | 146 | 00:01:27 | 00:24:51 | 160m | 9'04"/km  |
| 8.  | 176 | 00:01:48 | 00:26:39 | 174m | 10'21"/km |
| 9.  | 178 | 00:03:38 | 00:30:17 | 238m | 15'16"/km |
| 10. | 179 | 00:04:53 | 00:35:10 | 407m | 12'00"/km |
| 11. | 126 | 00:04:18 | 00:39:28 | 332m | 12'57"/km |
| 12. | 200 | 00:01:19 | 00:40:47 | 127m | 10'22"/km |
| 13. | 999 | 00:00:50 | 00:41:37 | 130m | 6'25"/km  |

HELGA

Orienteering Software