



# Vlaams kampioenschap lange afstand Leopoldsburg 19.11.2023 K.O.L.

**Andre AERTS**

hamok

Omloop : H65

Afstand : 5190m

Tijd : 0:54:40 (10'32"/km)

**3/20**

O.K.

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- |                     |         |
|---------------------|---------|
| 1. Wim HOEKX        | 0:46:14 |
| 2. Patrick WALLAERT | 0:46:46 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 117 | 00:03:16 |          | 391m | 8'21"/km  |
| 2.  | 122 | 00:01:48 | 00:05:04 | 203m | 8'52"/km  |
| 3.  | 106 | 00:01:57 | 00:07:01 | 139m | 14'02"/km |
| 4.  | 110 | 00:01:44 | 00:08:45 |      |           |
| 5.  | 108 | 00:00:47 | 00:09:32 |      |           |
| 6.  | 138 | 00:04:35 | 00:14:07 | 472m | 9'43"/km  |
| 7.  | 149 | 00:04:29 | 00:18:36 | 452m | 9'55"/km  |
| 8.  | 148 | 00:01:14 | 00:19:50 | 121m | 10'12"/km |
| 9.  | 143 | 00:03:00 | 00:22:50 | 341m | 8'48"/km  |
| 10. | 162 | 00:04:20 | 00:27:10 | 457m | 9'29"/km  |
| 11. | 164 | 00:07:29 | 00:34:39 | 248m | 30'10"/km |
| 12. | 172 | 00:01:56 | 00:36:35 | 172m | 11'14"/km |
| 13. | 174 | 00:03:16 | 00:39:51 | 340m | 9'36"/km  |
| 14. | 145 | 00:05:03 | 00:44:54 | 459m | 11'00"/km |
| 15. | 136 | 00:01:21 | 00:46:15 | 180m | 7'30"/km  |
| 16. | 179 | 00:03:59 | 00:50:14 | 400m | 9'57"/km  |
| 17. | 114 | 00:01:54 | 00:52:08 | 173m | 10'59"/km |
| 18. | 200 | 00:01:56 | 00:54:04 | 284m | 6'48"/km  |
| 19. | 999 | 00:00:36 | 00:54:40 | 130m | 4'37"/km  |

Orienteering Software