



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Etienne DE WIT

K.O.L.

Omloop : H65

Afstand : 5190m

Tijd : 0:56:19 (10'51"/km)

4/20

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Wim HOEKX | 0:46:14 |
| 2. Patrick WALLAERT | 0:46:46 |
| 3. Andre AERTS | 0:54:40 |

1.	117	00:02:59		391m	7'38"/km
2.	122	00:02:16	00:05:15	203m	11'10"/km
3.	106	00:02:37	00:07:52	139m	18'49"/km
4.	108	00:02:46	00:10:38	234m	11'49"/km
5.	138	00:06:59	00:17:37	472m	14'48"/km
6.	149	00:05:07	00:22:44	452m	11'19"/km
7.	148	00:01:27	00:24:11	121m	11'59"/km
8.	143	00:03:30	00:27:41	341m	10'16"/km
9.	162	00:05:04	00:32:45	457m	11'05"/km
10.	164	00:02:54	00:35:39	248m	11'42"/km
11.	172	00:03:53	00:39:32	172m	22'35"/km
12.	174	00:03:32	00:43:04	340m	10'24"/km
13.	145	00:03:25	00:46:29	459m	7'27"/km
14.	136	00:01:38	00:48:07	180m	9'04"/km
15.	179	00:03:34	00:51:41	400m	8'55"/km
16.	114	00:01:45	00:53:26	173m	10'07"/km
17.	200	00:02:19	00:55:45	284m	8'09"/km
18.	999	00:00:34	00:56:19	130m	4'22"/km

Orienteering Software