



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Paul BOLSENS

TROL

Omloop : H65

Afstand : 5190m

Tijd : 1:50:50 (21'21"/km)

20/20

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Wim HOEKX | 0:46:14 |
| 2. Patrick WALLAERT | 0:46:46 |
| 3. Andre AERTS | 0:54:40 |

1.	117	00:10:00		391m	25'35"/km
2.	122	00:04:28	00:14:28	203m	22'00"/km
3.	106	00:04:20	00:18:48	139m	31'11"/km
4.	108	00:04:58	00:23:46	234m	21'14"/km
5.	138	00:10:00	00:33:46	472m	21'11"/km
6.	149	00:12:18	00:46:04	452m	27'13"/km
7.	148	00:03:08	00:49:12	121m	25'54"/km
8.	143	00:09:14	00:58:26	341m	27'05"/km
9.	162	00:10:12	01:08:38	457m	22'19"/km
10.	164	00:05:40	01:14:18	248m	22'51"/km
11.	172	00:04:39	01:18:57	172m	27'02"/km
12.	174	00:07:34	01:26:31	340m	22'15"/km
13.	145	00:05:35	01:32:06	459m	12'10"/km
14.	136	00:02:46	01:34:52	180m	15'22"/km
15.	179	00:06:50	01:41:42	400m	17'05"/km
16.	114	00:03:52	01:45:34	173m	22'21"/km
17.	200	00:04:06	01:49:40	284m	14'26"/km
18.	999	00:01:10	01:50:50	130m	8'58"/km

Orienteering Software