



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Luc HEUNINCKX

K.O.L.

Omloop : H70

Afstand : 4220m

Tijd : 0:40:15 (9'32"/km)

1/12

O.K.

[Volledige uitslagen op Webres](#)

2. Jean-Pierre KELLENS 0:43:43
3. Frans WENS 0:44:53

1.	121	00:02:31		364m	6'55"/km
2.	106	00:01:14	00:03:45	118m	10'27"/km
3.	108	00:02:08	00:05:53	234m	9'07"/km
4.	133	00:03:00	00:08:53	209m	14'21"/km
5.	139	00:03:25	00:12:18	311m	10'59"/km
6.	141	00:02:00	00:14:18	140m	14'17"/km
7.	161	00:03:09	00:17:27	298m	10'34"/km
8.	162	00:03:29	00:20:56	360m	9'41"/km
9.	164	00:02:44	00:23:40	248m	11'01"/km
10.	174	00:02:43	00:26:23	325m	8'22"/km
11.	176	00:03:30	00:29:53	422m	8'18"/km
12.	177	00:01:56	00:31:49	187m	10'20"/km
13.	179	00:03:30	00:35:19	407m	8'36"/km
14.	113	00:01:40	00:36:59	132m	12'38"/km
15.	126	00:01:38	00:38:37	206m	7'56"/km
16.	200	00:01:03	00:39:40	127m	8'16"/km
17.	999	00:00:35	00:40:15	130m	4'29"/km

Orienteering Software