



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Georges DEFERME

hamok

Omloop : H75

Afstand : 3470m

Tijd : 1:11:22 (20'34"/km)

10/13

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Mike IN 'T GROEN | 0:38:32 |
| 2. Georges TIMMERMANS | 0:41:48 |
| 3. Vic VANDERSTRAETEN | 0:43:06 |

1.	101	00:03:24		230m	14'47"/km
2.	118	00:02:30	00:05:54	134m	18'39"/km
3.	124	00:05:37	00:11:31	269m	20'53"/km
4.	130	00:10:14	00:21:45	319m	32'05"/km
5.	139	00:06:49	00:28:34	309m	22'04"/km
6.	143	00:07:26	00:36:00	279m	26'39"/km
7.	150	00:06:32	00:42:32	400m	16'20"/km
8.	175	00:04:52	00:47:24	276m	17'38"/km
9.	176	00:03:51	00:51:15	202m	19'04"/km
10.	179	00:07:31	00:58:46	467m	16'06"/km
11.	126	00:08:33	01:07:19	332m	25'45"/km
12.	200	00:02:20	01:09:39	127m	18'22"/km
13.	999	00:01:43	01:11:22	130m	13'12"/km

HELGA

Orienteering Software