



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Jos BYLEMANS

K.O.L.

Omloop : H75

Afstand : 3470m

Tijd : 1:12:07 (20'47"/km)

11/13

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Mike IN 'T GROEN | 0:38:32 |
| 2. Georges TIMMERMANS | 0:41:48 |
| 3. Vic VANDERSTRAETEN | 0:43:06 |

1.	101	00:04:21		230m	18'55"/km
2.	118	00:08:08	00:12:29	134m	60'42"/km
3.	124	00:05:19	00:17:48	269m	19'46"/km
4.	130	00:06:51	00:24:39	319m	21'28"/km
5.	139	00:06:45	00:31:24	309m	21'51"/km
6.	143	00:06:14	00:37:38	279m	22'21"/km
7.	150	00:08:00	00:45:38	400m	20'00"/km
8.	175	00:05:03	00:50:41	276m	18'18"/km
9.	176	00:03:24	00:54:05	202m	16'50"/km
10.	179	00:08:05	01:02:10	467m	17'19"/km
11.	126	00:06:12	01:08:22	332m	18'40"/km
12.	200	00:02:08	01:10:30	127m	16'48"/km
13.	999	00:01:37	01:12:07	130m	12'26"/km

HELGA

Orienteering Software