



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Frank AERDEN

K.O.L.

Omloop : SD

Afstand : 4530m

Tijd : 0:53:34 (11'49"/km)

12/36

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Tibo GILLET | 0:36:34 |
| 2. Arne TAILLIEU | 0:37:51 |
| 3. Bert VAN RILLAER | 0:38:28 |

1.	117	00:04:29		391m	11'28"/km
2.	106	00:03:30	00:07:59	264m	13'15"/km
3.	108	00:02:54	00:10:53	234m	12'24"/km
4.	132	00:03:57	00:14:50	239m	16'32"/km
5.	148	00:05:41	00:20:31	514m	11'03"/km
6.	143	00:04:17	00:24:48	341m	12'34"/km
7.	153	00:04:11	00:28:59	404m	10'21"/km
8.	165	00:01:48	00:30:47	143m	12'35"/km
9.	174	00:03:43	00:34:30	267m	13'55"/km
10.	175	00:02:13	00:36:43	226m	9'48"/km
11.	173	00:02:05	00:38:48	172m	12'07"/km
12.	177	00:04:29	00:43:17	370m	12'07"/km
13.	113	00:05:43	00:49:00	498m	11'29"/km
14.	126	00:02:36	00:51:36	206m	12'37"/km
15.	200	00:01:11	00:52:47	127m	9'19"/km
16.	999	00:00:47	00:53:34	130m	6'02"/km

Orienteering Software