



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Pieter DE CONINCK

K.O.L.

Omloop : LD

Afstand : 7280m

Tijd : 1:44:43 (14'23"/km)

15/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Gérald SOUWEINE | 1:04:00 |
| 2. Thijs VAN HAM | 1:04:13 |
| 3. Wannes VAN HAM | 1:05:46 |

1.	106	00:04:30		467m	9'38"/km
2.	108	00:03:08	00:07:38	234m	13'23"/km
3.	131	00:05:52	00:13:30	170m	34'31"/km
4.	130	00:02:08	00:15:38	94m	22'42"/km
5.	158	00:16:11	00:31:49	981m	16'30"/km
6.	157	00:04:04	00:35:53	347m	11'43"/km
7.	167	00:09:11	00:45:04	304m	30'13"/km
8.	172	00:06:41	00:51:45	522m	12'48"/km
9.	165	00:04:08	00:55:53	312m	13'15"/km
10.	151	00:01:06	00:56:59	108m	10'11"/km
11.	173	00:04:44	01:01:43	413m	11'28"/km
12.	177	00:03:36	01:05:19	370m	9'44"/km
13.	179	00:04:53	01:10:12	407m	12'00"/km
14.	116	00:02:15	01:12:27	236m	9'32"/km
15.	136	00:05:52	01:18:19	341m	17'12"/km
16.	141	00:02:38	01:20:57	212m	12'25"/km
17.	139	00:01:42	01:22:39	140m	12'09"/km
18.	105	00:08:18	01:30:57	483m	17'11"/km
19.	120	00:04:08	01:35:05	327m	12'38"/km
20.	112	00:02:51	01:37:56	182m	15'40"/km
21.	114	00:03:25	01:41:21	217m	15'45"/km
22.	200	00:02:59	01:44:20	284m	10'30"/km
23.	999	00:00:23	01:44:43	130m	2'57"/km

Orienteering Software