



## Forest Cup Ravels Zuid

Ravels 26.11.2023

TROL

**Dirk ZWIKKER**

TROL

Omloop : H:05

Afstand : 3250m

Tijd : 0:46:15 (14'14"/km)

**14/29**

O.K.

[Volledige uitslagen op Webres](#)

- |    |                |         |
|----|----------------|---------|
| 1. | Rudy CANTRE    | 0:30:36 |
| 2. | Ivo TIMMERMANS | 0:33:09 |
| 3. | Rogier VANAKEN | 0:33:53 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 74  | 00:06:29 |          | 468m | 13'51"/km |
| 2.  | 75  | 00:03:36 | 00:10:05 | 186m | 19'21"/km |
| 3.  | 95  | 00:05:13 | 00:15:18 | 401m | 13'01"/km |
| 4.  | 79  | 00:03:53 | 00:19:11 | 276m | 14'04"/km |
| 5.  | 77  | 00:04:58 | 00:24:09 | 391m | 12'42"/km |
| 6.  | 73  | 00:04:17 | 00:28:26 | 256m | 16'44"/km |
| 7.  | 72  | 00:02:02 | 00:30:28 | 166m | 12'15"/km |
| 8.  | 97  | 00:04:15 | 00:34:43 | 304m | 13'59"/km |
| 9.  | 82  | 00:03:04 | 00:37:47 | 284m | 10'48"/km |
| 10. | 71  | 00:04:15 | 00:42:02 | 238m | 17'51"/km |
| 11. | 999 | 00:04:13 | 00:46:15 | 283m | 14'54"/km |

HELGA

Orienteering Software