



BOC#03 - Régionale Tumuli-Sapinière Foret de Soignes 26.11.2023 ASUB

Gilles DELMEE

ASUB

Circuit : H:Noir très long

Distance : 9100m (Dénivelé 225m)

Temps : 1:14:28 (8'11"/km)

3/28

O.K.

[Résultats complets sur Webres](#)

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|---------------------|---------|
| 1. Rune DE CLERCQ | 1:10:37 |
| 2. Thibaut ROBINSON | 1:12:01 |

1.	143	00:02:56		205m	14'19"/km
2.	102	00:02:01	00:04:57	262m	7'42"/km
3.	103	00:01:22	00:06:19	185m	7'23"/km
4.	104	00:01:13	00:07:32	193m	6'18"/km
5.	105	00:01:10	00:08:42	169m	6'54"/km
6.	106	00:00:55	00:09:37	122m	7'31"/km
7.	107	00:01:17	00:10:54	172m	7'28"/km
8.	92	00:05:33	00:16:27	664m	8'22"/km
9.	88	00:03:04	00:19:31	179m	17'08"/km
10.	89	00:00:52	00:20:23	149m	5'49"/km
11.	129	00:02:30	00:22:53	379m	6'36"/km
12.	95	00:02:50	00:25:43	224m	12'39"/km
13.	112	00:02:21	00:28:04	401m	5'52"/km
14.	108	00:01:28	00:29:32	96m	15'17"/km
15.	109	00:02:03	00:31:35	250m	8'12"/km
16.	110	00:01:35	00:33:10	140m	11'19"/km
17.	111	00:01:34	00:34:44	252m	6'13"/km
18.	139	00:07:22	00:42:06	906m	8'08"/km
19.	98	00:02:09	00:44:15	240m	8'58"/km
20.	113	00:02:21	00:46:36	315m	7'28"/km
21.	115	00:02:41	00:49:17	353m	7'36"/km
22.	140	00:04:22	00:53:39	429m	10'11"/km
23.	118	00:03:46	00:57:25	594m	6'20"/km
24.	120	00:03:47	01:01:12	580m	6'31"/km
25.	131	00:01:57	01:03:09	291m	6'42"/km
26.	122	00:02:15	01:05:24	312m	7'13"/km
27.	135	00:03:51	01:09:15	355m	10'51"/km
28.	132	00:03:52	01:13:07	422m	9'10"/km
29.	84	00:00:54	01:14:01	145m	6'12"/km
30.	999	00:00:27	01:14:28	114m	3'57"/km