



# Militair Regelmatigheidscriterium

Hechtel 6.12.2023

Mil Prov Comdo Limburg

**Freddy HENKES**

ARDOC

Omloop : H:04

Afstand : 6040m

Tijd : 0:59:13 (9'48"/km)

**17/48**

O.K.

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|                  |         |
|------------------|---------|
| 1. Guy TIREZ     | 0:43:39 |
| 2. Karl VERVOORT | 0:45:52 |
| 3. Stefan THIELS | 0:47:40 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 121 | 00:02:11 |          | 270m  | 8'05"/km  |
| 2.  | 115 | 00:03:24 | 00:05:35 | 415m  | 8'12"/km  |
| 3.  | 106 | 00:01:22 | 00:06:57 | 136m  | 10'03"/km |
| 4.  | 140 | 00:03:46 | 00:10:43 | 475m  | 7'56"/km  |
| 5.  | 169 | 00:02:06 | 00:12:49 | 225m  | 9'20"/km  |
| 6.  | 147 | 00:02:34 | 00:15:23 | 262m  | 9'48"/km  |
| 7.  | 145 | 00:01:16 | 00:16:39 | 116m  | 10'55"/km |
| 8.  | 109 | 00:02:01 | 00:18:40 | 206m  | 9'47"/km  |
| 9.  | 110 | 00:02:58 | 00:21:38 | 274m  | 10'50"/km |
| 10. | 163 | 00:03:09 | 00:24:47 | 219m  | 14'23"/km |
| 11. | 144 | 00:02:28 | 00:27:15 | 260m  | 9'29"/km  |
| 12. | 131 | 00:01:14 | 00:28:29 | 140m  | 8'49"/km  |
| 13. | 127 | 00:01:40 | 00:30:09 | 151m  | 11'02"/km |
| 14. | 139 | 00:04:47 | 00:34:56 | 504m  | 9'29"/km  |
| 15. | 117 | 00:12:17 | 00:47:13 | 1199m | 10'15"/km |
| 16. | 116 | 00:02:12 | 00:49:25 | 205m  | 10'44"/km |
| 17. | 154 | 00:01:45 | 00:51:10 | 178m  | 9'50"/km  |
| 18. | 160 | 00:01:46 | 00:52:56 | 125m  | 14'08"/km |
| 19. | 112 | 00:03:42 | 00:56:38 | 336m  | 11'01"/km |
| 20. | 142 | 00:02:07 | 00:58:45 | 236m  | 8'58"/km  |
| 21. | 180 | 00:00:28 | 00:59:13 | 105m  | 4'27"/km  |

Orienteering Software