



Avondwedstrijd SAHARA

LOMMEL 8.12.2023

K.O.L.

Eske AERDEN

K.O.L.

Omloop : D:03

Afstand : 3310m

Tijd : 1:38:53 (29'52"/km)

11/13

O.K.

[Volledige uitslagen op Webres](#)

1. Ellen DE BIE	0:40:51
2. Betty DE MEYER	0:42:45
3. Katrien AERTS	0:55:54

1.	122	00:07:47		328m	23'44"/km
2.	116	00:04:20	00:12:07	184m	23'33"/km
3.	110	00:07:33	00:19:40	388m	19'28"/km
4.	130	00:04:18	00:23:58	127m	33'51"/km
5.	146	00:06:26	00:30:24	326m	19'44"/km
6.	143	00:02:59	00:33:23	193m	15'27"/km
7.	133	00:03:56	00:37:19	176m	22'21"/km
8.	144	00:04:01	00:41:20	181m	22'11"/km
9.	108	00:04:59	00:46:19	253m	19'42"/km
10.	107	00:06:15	00:52:34	195m	32'03"/km
11.	137	00:04:03	00:56:37	158m	25'38"/km
12.	136	00:05:59	01:02:36	163m	36'42"/km
13.	118	00:20:30	01:23:06	255m	80'24"/km
14.	142	00:11:41	01:34:47	204m	57'16"/km
15.	999	00:04:06	01:38:53	180m	22'47"/km

HELGA Orienteering Software