



Avondwedstrijd SAHARA

LOMMEL 8.12.2023

K.O.L.

Frank AERDEN

K.O.L.

Omloop : H:02

Afstand : 4430m

Tijd : 0:56:02 (12'39"/km)

9/16

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|---------|
| 1. Karl VERVOORT | 0:41:17 |
| 2. Patrick KORSTJENS | 0:49:46 |
| 3. Tino NIJST | 0:49:47 |

1.	111	00:04:05		315m	12'58"/km
2.	116	00:02:05	00:06:10	192m	10'51"/km
3.	112	00:02:06	00:08:16	188m	11'10"/km
4.	121	00:03:20	00:11:36	294m	11'20"/km
5.	132	00:02:45	00:14:21	166m	16'34"/km
6.	131	00:04:24	00:18:45	255m	17'15"/km
7.	130	00:02:56	00:21:41	223m	13'09"/km
8.	127	00:02:58	00:24:39	228m	13'01"/km
9.	145	00:03:23	00:28:02	344m	9'50"/km
10.	129	00:06:12	00:34:14	509m	12'11"/km
11.	109	00:02:31	00:36:45	124m	20'18"/km
12.	134	00:03:10	00:39:55	219m	14'28"/km
13.	107	00:02:53	00:42:48	140m	20'36"/km
14.	137	00:01:47	00:44:35	158m	11'17"/km
15.	138	00:03:50	00:48:25	327m	11'43"/km
16.	139	00:03:22	00:51:47	261m	12'54"/km
17.	142	00:01:11	00:52:58	116m	10'12"/km
18.	123	00:02:00	00:54:58	212m	9'26"/km
19.	999	00:01:04	00:56:02	155m	6'53"/km

Orienteering Software