



## Avondwedstrijd SAHARA

LOMMEL 8.12.2023

K.O.L.

**Jean-Marc GILLET**

Omega

Omloop : H:Oro - Hydro

Afstand : 5260m

Tijd : 0:55:40 (10'35"/km)

**12/18**

O.K.

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- |                     |         |
|---------------------|---------|
| 1. Benjamin ANCIAUX | 0:28:28 |
| 2. Arno KEUPPENS    | 0:31:40 |
| 3. Desmond FRANSSEN | 0:32:44 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 107 | 00:02:44 |          | 130m | 21'02"/km |
| 2.  | 109 | 00:02:11 | 00:04:55 | 277m | 7'53"/km  |
| 3.  | 129 | 00:02:03 | 00:06:58 | 124m | 16'32"/km |
| 4.  | 116 | 00:07:42 | 00:14:40 |      |           |
| 5.  | 122 | 00:02:11 | 00:16:51 | 184m | 11'52"/km |
| 6.  | 116 | 00:01:30 | 00:18:21 | 184m | 8'09"/km  |
| 7.  | 143 | 00:04:11 | 00:22:32 | 272m | 15'23"/km |
| 8.  | 110 | 00:01:57 | 00:24:29 | 224m | 8'42"/km  |
| 9.  | 121 | 00:01:44 | 00:26:13 | 158m | 10'58"/km |
| 10. | 132 | 00:01:37 | 00:27:50 | 166m | 9'44"/km  |
| 11. | 131 | 00:02:25 | 00:30:15 | 255m | 9'29"/km  |
| 12. | 130 | 00:01:52 | 00:32:07 | 223m | 8'22"/km  |
| 13. | 127 | 00:01:45 | 00:33:52 | 228m | 7'41"/km  |
| 14. | 146 | 00:02:56 | 00:36:48 | 368m | 7'58"/km  |
| 15. | 145 | 00:02:31 | 00:39:19 | 285m | 8'50"/km  |
| 16. | 115 | 00:01:55 | 00:41:14 | 210m | 9'08"/km  |
| 17. | 134 | 00:03:55 | 00:45:09 | 483m | 8'07"/km  |
| 18. | 136 | 00:01:59 | 00:47:08 | 232m | 8'33"/km  |
| 19. | 117 | 00:02:14 | 00:49:22 | 276m | 8'06"/km  |
| 20. | 139 | 00:02:43 | 00:52:05 | 388m | 7'00"/km  |
| 21. | 142 | 00:00:56 | 00:53:01 | 116m | 8'03"/km  |
| 22. | 123 | 00:01:46 | 00:54:47 | 212m | 8'20"/km  |
| 23. | 999 | 00:00:53 | 00:55:40 | 155m | 5'42"/km  |

Orienteering Software